



# henna workshop

We cover:

- History and Geography overview (brief, and where to find out more).
- Mixing basics – where to purchase fresh henna powder and essential oils for blending – plus why it isn't satisfying to purchase the 'henna' at the health food store (I tried).
- Safety – what IS henna anyway... and is everything that says 'henna' the real deal?
- Tools – henna is a folk art, which implies that folks use the tools at hand – how tools vary from region to region – I have several for you to try.
- Cones – cone rolling (and where to find guidance while you perfect the skill)
- Building blocks – shapes, line weight, pressure and pacing
- Practice time – plus hints on how to create a meditative practice at home
- Care and Keeping of henna plus Best practices for getting great stains

The fee is set at \$275\* for up to six students and lasts 2 hours (includes all materials for the workshop + a small cone for use later.

No additional fees if the workshop happens at Alchemy Slow Living Studios, Ferndale. Travel fees will apply outside Ferndale. A deposit of \$50 is required to save the date. We accept cash, credit, Venmo.

Our Travel Policy: Travel for 30 minutes or less 1 way is \$.59/mile (calculated via Google Maps) Travel more than 30 minutes 1 way is calculated as mileage, plus \$5 per 1/2 hour for the total of the trip according to Google Maps.

